

## ABSTRACT

A device and method of using the device to assist in inserting a catheter in a female. The device includes a main body portion configured to be placed adjacent the pubic bone of a female, a pair of legs extending downwardly from the main body portion, a slot located between the legs, and a flange extending longitudinally along each of the legs. The flanges may extend along inner sides of the legs adjacent the slot. The device may also include a catheter guide formed at the upper end of the slot. The catheter guide may include a curved surface that extends along a portion of the main body member and each of the legs. The device may further include a gripping portion at an upper end of the main body. In one embodiment, the main body defines a plane, and the legs extend outwardly at an angle to the plane. A portion of the flanges may extend substantially transverse to the plane defined by the main body.